

# ASHA NIVAS

## VISION

**Asha Nivas** envisages a fully developed and integrated society wherein today's women in difficult circumstances and children in distress would live with human rights and dignity.

## MISSION

In order to realize the vision, **Asha Nivas** endeavours to:

- Organize community development as a process of enabling people for sustainable development.
- Educate children in difficult circumstances through Pre-schools, Non-formal education, Continuing education, Special schools, Vocational training and Skill training.
- Empower women through formation of **Self-Help Groups** and women's rights education.
- Form and organize youth groups through leadership training with a view towards the development and sustainability of the community.
- Promote community health especially in the areas of drug abuse and HIV-AIDS to ensure health care and quality of life for everyone.

## STRATEGY

- A paradigm shift towards an integrated and holistic approach to development.
- Empowering approach of promoting Self-help and mutual help systems in the community for sustainable development.
- Value based development with a passion for quality and excellence.

# COVER FACE

*From the desk of the Director*

*Children – Let them Flourish*

*Women – Voice of the Unheeded*

*Youth – Challenge of our Nation*

*Health – An integrated approach*

*Culture and Communication –*

*Awareness Generation*

*Human Resource – Our Strength*

*Documentation, Research and Training –  
Our Credentials*

*Michaung Cyclone Relief Programme*

*Life Insurance Corporation of India*

*Nava Jeevan Vikas Secular Institute –  
Partners in our Mission*

*Networking – Building Relationship*

*Partners and Sponsors – Well wishers*

*Our Areas of Operation*

*Geographical Phase*

## FROM THE DESK OF THE DIRECTOR



*India today struggles to meet the basic needs of a vast majority of people. The 3rd millennium goal of India is to eradicate extreme poverty and hunger to the proportion of people whose income is very low. We live in a time human rights are regarded as unexceptional. All human beings are born free and equal in dignity and rights. It is perhaps the very first right that every human being has no matter where he or she is born, no matter in which community, no matter the economic or religious circumstances, or whether rich or poor, male or female. It seems like an obvious right. We are human; we are citizen of a kingdom of nature. So we have the right to be what we are - human. This is the ultimate goal Asha Nivas envisages for the people. Asha Nivas works for the people, works with the children living in distress and women in difficult circumstances and youth - the young generation needs to renew, refresh and maintain the current status of society. Human Rights, Child Rights and Women Rights are our major concerns in all our endeavours.*

*In tackling the complex issue of development, we face significant challenges, particularly in the unorganized sectors of Chennai's city slums. This year, our efforts have been concentrated on elimination sexual abuse among children through an integrated development plan. This plan involves not only the children but also their families, communities, employers, and the public.*

*Children working in unorganized sectors-those not covered by existing legislation-are a particular focus for us. These children are often categorized by their work settings: rural or urban, organized or unorganized, part-time or full-time, home-based or factory-based, bonded or free. Our strategies include skill training, vocational training, health care, rehabilitation measures, and advocacy. We have also implemented innovative and long-term measures to address this issue effectively. We are concentrating more on children in need of care and protection by running open shelters and shelter homes. By establishing contacts especially through sponsored children in regular schools, we have seen significant progress. Our ongoing engagement with Corporation school teachers and regular follow-ups with children and their families have deepened our impact.*

*Our experience underscores the importance of early motivation and habit formation through preschools, which can prevent school dropouts and deter children from entering the labor market. This approach has been a major success in our child development program.*

*We extend our heartfelt gratitude to all our donor agencies and partner organizations for their generous support and encouragement. Their contributions have been instrumental in making the dreams of disadvantaged individuals a reality. We also express our sincere thanks to our dedicated staff, sisters, coordinators, organizers, animators, and teachers for their unwavering commitment to the cause of development championed by Asha Nivas.*

*As we reflect on the achievements of the past year, we offer our deepest thanks to the Almighty for His guidance and blessings. It is with great pleasure that we present this annual account of Asha Nivas activities for the year 2023-2024.*

**REV DR KURIAN THOMAS**  
Director

## CHILDREN – LET THEM FLOURISH

Child development refers to the sequence of physical, language, thought and emotional changes that occurs in a child from birth to the beginning of the adulthood. During this process a child progress from dependency on their parents to increasing independence. Child development covers the full scope of skills that a child masters over their life spares it includes the ability to learn and problem solving interacting with others and mastering self control, understanding and using language and fine motor skills and gross motor skills. The adjectives which can be used for children are clever, naughty, confident, knowledgeability, zestful and adorable. The childhood is a broad term usually applied to the phase of human development between infancy and adulthood. Childhood is the time during which human being develop their physical bodies and then mental abilities. Childhood – New world Encyclopedia. Children are like wet cement, whatever falls on them makes an impression. Children are the hands by which we take hold of, however, we have to love them unselfishly as they are beautiful and make our life important.

Asha Nivas has been motivating and striving hard in all its efforts, over the past 48 years for the progress of the development of the children, through several projects and welfare activities.

### PRE-SCHOOL

Pre-school refers in ensuring the continuity of school. Though pre-school is the first steps towards encouraging children to develop an inclination toward education and to promote inner curiosity to acquire knowledge, it is inevitable to ensure the children to join the main stream of education and to continue it further, it has been the

efforts of our dedicated staff over the years to enroll our pre-school children into various schools and to have regular follow-up. Besides teachers have personal contact with children to help them to be on the right track. Asha Nivas targeted the parents to motivate and encourage their children to take to pre-schools. It is worthy to note that we run 15 pre-schools to augment the overall growth and development of 275 children.

### SKILL ASSESSMENT:

Asha Nivas conducted skill assessment programme for all the pre-school children once in three months, concerned that the child may have a developmental delay or disorder. Pre-school teachers and early childhood development experts usually use some form of pre-school assessment to evaluate a pre-school child in doing various skills including

- Gross motor skills
- Hand eye coordination
- Recognition of letters, shapes, numbers and colours.
- Speech and social skills and knowledge of personal information.

### PARENTS MEETING:

The parents' teachers' meeting is a key component of preschool education. It provides an opportunity for open communication and interaction between parents and teachers to enhance the children's development and address any issues. This meeting helps in explaining the progress of each child and supporting their learning



abilities. Parent meetings are essential for fostering a successful educational experience for their children.

Asha Nivas conducts parent meetings every month in all its preschools to build good rapport with parents and educate them on topics such as health, hygiene, low-cost nutritious food, preventive measures for common colds and fevers, child care, immunization, etc. A holistic view of children's experiences, teamwork among teachers and parents, and methods to further develop these aspects were also discussed.

### CHILDREN GRADUATION DAY:

Pre-school graduation is a celebration of pre-schooler's achievement in completing their pre-school education. It is the celebration of an academic milestone. This year we conducted Pre-School Graduation Day at Ottery and Kannagi Nagar. 82 children received their certificates to get themselves admitted into the formal school. Mr. Lokesh Rao, Inspector of Police, Secretariat Colony and Rev Fr. Gabriel, Parish Priest, Kannagi Nagar, distributed the certificates to the children. All the parents of the Pre-school children were very happy to see them in

their graduation dresses with their certificates. The chief guests appreciated the Director and staff of Asha Nivas for their wonderful work being carried out at Kannagi Nagar and all over Chennai. Lunch was provided to all the children and their parents.

### TRAINING FOR TEACHERS :

The main object of a pre-school education is to provide all the basic amenities to the children necessary for their physical growth and mental development. For this purpose teachers are trained every month, to teach the children through play way methods. Teachers are also trained to impart self respect, healthy relationship with other children and adults so as to learn group living. The



teachers are the backbone of the early education of the child, to ensuring this, we have the best learning development strategies for our children. Our training motto is :

- ❖ Stimulating teaching strategies.
- ❖ Improving Empathy and understanding.
- ❖ Customizing teaching approach to children's requirement.
- ❖ Understanding how children learn.
- ❖ Inspiring and motivating children.
- ❖ Latest development in pre-school education.

17 teachers and 25 staff participated in the training and also prepared teaching materials.

### COACHING CENTRES:

Coaching centres helped children in improving their studies and skills by providing appropriate guidance. They learn by the most efficient method of dividing their time to cover entire examination syllabus. These centres help the formal school children to excel in their studies. Asha Nivas gives a helping hand to the deserving children



by providing them continuous support in their studies in the form of free coaching through expert tutors. There are Five Coaching Centres situated in the slums of Chennai. It is noteworthy that this year 125 children have derived immense benefits and have achieved credible results in their academics from these Coaching Centres.

### TEACHER'S DAY:

Teachers Day provides a platform for the society to acknowledge and appreciate the hard work, dedication and contribution of the teachers. It reminds us of the pivotal role the teachers play in shaping the minds and bright future of the children. Asha Nivas organised Teachers Day celebration on 5th September 2023 at Kannagi Nagar and Ottery. We expressed our gratitude with thanks to all the teachers by honouring them with shawls and crowns.

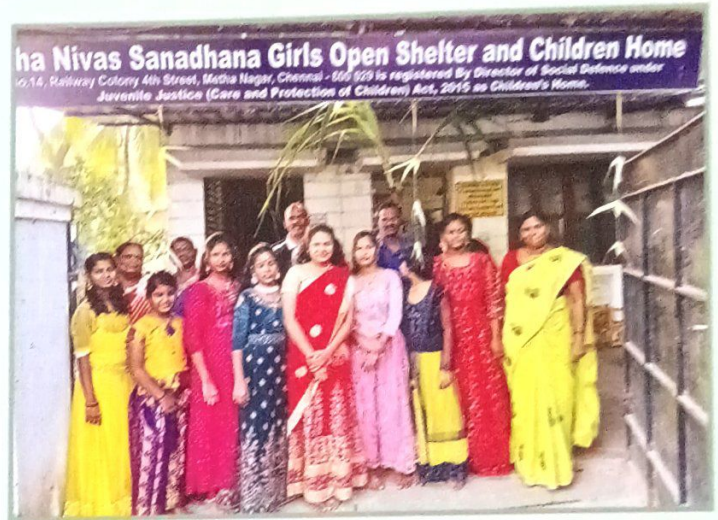
### STREET CHILDREN IN NEED OF CARE & PROTECTION:

Children in need of care and protection is defined as a child who meet certain criteria including being found without a home or means of subsistence, engaging in illegal labour living on the streets or begging, residing with abusive guardian, being at risk of drug abuse or trafficking etc. Asha Nivas aims to safeguard the rights of

the children in need of care and protection, ensuring their safety well being and development within legal framework that promotes their best interest.

### SHELTER HOMES:

To ensure the well being of these children Asha Nivas established Shelter Homes. These shelter homes provides residential facilities by providing the children with food, medical care, formal education, recreation, counselling and also the opportunity to rejoin with their parents.



Asha Nivas also extended great opportunities for their physical, emotional, psychological and ethical development. Asha Nivas is currently running two shelter homes one for the boys located at Ottery with sanctioned strength of 27 boys and another home for the girls located at Metha Nagar with sanctioned strength of 21 girls.



### **OPEN SHELTER:**

According to Juvenile Justice (Care and Protection) Act 2015 the Open Shelter referred to in Section 43(1) functioning as a community based facility short-term basis with the objectives of protecting them away from a life on the street. Asha Nivas runs these open shelters in collaboration with the Directorate of Social Defence under the Integration Child Protection Scheme (ICPS).



The Open Shelter provides residential facilities, food, medical care, recreation, counselling and non-formal education. The children are admitted to the Open Shelter through Child Welfare Committee. The Open Shelter is regularly monitored by the District Child Protection unit. Rehabilitation and reintegration are the primary objectives of this scheme. 76 children are directly benefited from this project.

### **DROP-IN-CENTRE:**

Drop-in-Centre is a home provided for the teenage children and youngsters who work and dwell on the streets for their livelihood. They are more vulnerable to diseases and get exploited. Asha Nivas established Drop-in-centre at Ayanavaram providing with clean environment sanitation, basic facilities like shelter, medical care and counselling for the youngsters and teens. They come to the centre in the evenings and relax at night after toiling the whole day for their livelihood. This year 25 children were benefited by this drop-in-centre.

### **CHILDREN PARLIAMENT:**

The Children Parliament is a group of children of a particular neighbourhood who come together as a group

for all activities, learning to represent their interest and opinion to the decision makers of the neighbourhood. The rights are based to help the children to practice and share their ideas as well as their experience so that they can influence positive changes in their day to day lives. Asha Nivas has formed 250 Child Parliament with 6250 members to shape the lives of the children and to help



them become efficient leaders. This will eventually str towards the eradication of child abuse and discrimination. They meet every month to discuss problems like education, environment, sanitation and hygiene that they face as their basic child rights.

### **THE INTERNATIONAL DAY OF GIRL CHILD:**

Asha Nivas came forward to organise a programme highlighting Girls right and the unique challenges that the girls around the world face. The theme for the year 2023 was announced by UNICEF is 'Invest in girls right' our leadership our well being. Asha Nivas organised programme for girls on 11th October 2023 at the Girls shelter home. We conducted various activities for girls like seminar, lecture and competition regarding on importance of children's right. Ms. Divya our superintendent participated as the chief guest. Prizes and mementos were distributed to the children.

### **CHILDREN'S DAY:**

Asha Nivas organised by celebrating 'Child Rights Day' and 'Children's Day' programme for 1000 children at All Women's Service Centre, Kelly, Chennai 600010.

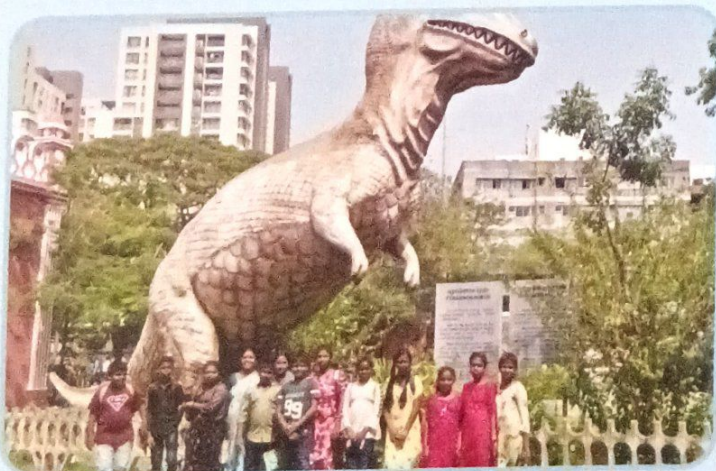
Rev Dr Celestine, Consultant of Catholic Relief Services, inaugurated the programme and blessed the children for their bright future. Mr. Mohandoss and Mr. Rajkumar, Chairpersons of Child Welfare Committee participated as chief guests. They appreciated Rev Dr Kurian Thomas, Director of Asha Nivas for his ambition towards the upliftment of slum children by running various projects and programmes. Ms. Lilly Josephine, Chief Community Development Officer coordinated and facilitated the



programme insisting on Child's Right. The Child Parliament members were honoured with medals for their best performances in social activities. All the staff, children and women participated in this programme.

#### RECREATION FOR CHILDREN:

Asha Nivas organised regular recreational programmes such as picnics, get-together for the shelter home children and contact centres children. This year the children went to Aringnar Anna Zoological Park and Egmore Museum. Recreations create a bonded relationship between staff and the children. It helped 100 children to learn essential



life skills, positive out look and relaxation from stress and overcome the past traumatic experience in life.

#### VOCATIONAL TRAINING:

Self-realisation as well as self-reliance is the goal of vocational training. The development of children potentials, confident building and motivational drive helped them to grow into self-reliant and dignified persons in the society. Asha Nivas offers vocational training programmes like two-wheeler and three-wheeler mechanism and music bands for school dropouts above 15 years. This year 15 children have benefited from this vocational training.

#### SCHOOL ENROLLMENT AWARENESS RALLY:

Asha Nivas has taken efforts and conducted school enrollment awareness rally in the eight operational areas such as SVM Nagar, Kannagi Nagar, Debar Nagar, Rajiv Gandhi Nagar, Pulianthope, Saidapet, R.A. Puram and Srinivasa Puram to enrol the children in formal schools. The School Enrollment awareness rally was conducted for the children and public through rallies, placards, slogans, banners and skits etc.



The participants raised slogans on the importance of education. The team also displayed placards and wore T.Shirts on awareness regarding school enrollment. The Rally was Flagged Off by Police Official, School Headmasters, Local Leaders, DCPU Representative. Through these awareness rallies 25200 people got awareness on the importance of education and sending their children to school.

### AWARENESS ON CLIMATE CHANGES:

Asha Nivas in collaboration with Catholic Relief Services conducted Awareness programme on 'Climate Changes' at Asha Nivas Boys Shelter Home, Otter on 25th May 2023. Around 75 children from Shelter Homes and Contact Centres participated. Mr. Ananth Kalliyaperumal, Head Partnership & Strategic Relation and Ms. Retty George, Senior Partner, Safe Guarding Officer, from CRS explained about climate changes. They also conducted painting competition on Climate Changes. Through this programme they insisted to avoid usage of plastics and advised to show interest in gardening and sowing plants. All the staff from Asha Nivas participated in this programme. Prizes and mementos were distributed to the children on behalf of CRS Community Day.

### DAYS OF SIGNIFICANCE:

Significant days like Republic Day, Independence Day, Christmas, Pongal, Ramzan, Deepavali, and Ayudha Pooja



was celebrated at all the areas and shelter homes of Asha Nivas. Celebrations of these days increases children's enjoyment and strengthens their appreciation and respect



for cultural diversity. These occasions are the opportunities for the children to be integrated with the societies. Local Leaders, Police officers, Governmental officials and political leaders were invited and have graced the functions.

### SPONSORSHIP FOR CHILDREN EDUCATION

Education plays a very important role in each person's life especially the children who are future pillars of the nation. Even though they face many difficulties still they want to fulfil their dreams to reach their goals. Often they live in their own dream world, yearning to reach out to the people around the world to gain and form opinions about people and places surrounding them. The children have the right to protection, right to life, right to participate and the right to develop and express their feelings. Asha Nivas encourages the children to develop themselves in different ways such as education, vocational training, awareness programmes and other social activities to achieve the goals in their lives.

Sponsorship and scholarship programmes are very necessary for such kind of children to go forward. It's a unique concept in facilitating the deserved children for their education. This program helped the children to be more responsible in society and also helped to prevent them from child labour in the society. We have organized meetings for mothers who take a major role in motivating their children. They are encouraged to take up responsibilities for their children, motivate and send them to school regularly. They undertake regular school visits and interact with the teachers, have regular meetings with their children to encourage them to do better in their academic life. Therefore the sponsorship programme is a way that shows "Development of children through Education". The following are some of the activities through which Asha Nivas has extended its sponsorship programmes.

### PARENTS MEETING:

The parents meeting of the sponsored children are encouraged to attend the meeting regularly. The staff of Asha Nivas give valuable inputs through their own experiences and some effective moral stories. They also shared about personal hygiene, sanitation, cleanliness, gender equality, parental skills, the importance of



A warm welcome was given by Rev Dr. Kurian Thomas, Director, honoring them with shawls and bouquet. Self introduction was given by each of them and their responsibilities in sponsorship programme. Ms. Lilly Josephine, Chief Community Development Officer narrated about all our activities especially about sponsorship programme on how the case history of each child is being prepared based on the background of the child and their family. They interacted with all our staff. On the whole everyone was very happy to know all about our activities.

education and the need to give equal opportunities to both girls and boys. Emphasis was given on the importance to motivate those who are in pursuit of education. These meetings helped the parents to understand their role in the formation of their children.

**VISITORS FROM ACTION CHILD AID, DENMARK:**

On 2nd November 2023, Asha Nivas, had a great privilege to welcome our sponsors and friends from Denmark in a very special manner:



On the same day at 2.00 pm a special programme was conducted for our sponsored children along with the sponsored parents in the Shelter Home at Ottery on behalf of Action Child Aid, Denmark. Awareness programme through Puppet show by Sirpi Cultural troupe was conducted along with Sr.Amala, Sponsor incharge. Few discussions was shared by the friends from Denmark



1. Mr. Claus Skytt – *Chairman*
2. Mr. Matthias Koppe – *Financial Administrator*
3. Ms. Mathilde Nielsen – *Programme Manager*
4. Ms. Alberte Chrintz – *Programme Officer*
5. Ms. Laerke Levine – *Intern*
6. Mr. Adreas Rasmussen – *Intern*
7. Mr. Gustav Winterberg – *Volunteer*



along with the sponsor incharge, sponsor children and their parents. Interaction was also organized with our Shelter Home's Care-taker and shelter home children. They happily visited few sponsor children's families and interacted with them.

### CHRISTMAS CELEBRATION

On 16th December Christmas programme was organized at All Women's Service Centre, Kellys. Around 500 children along with their parents participated in this programme. Christmas is an occasion where the children and their parents came together and shared their happiness and joy with one another. The programme started at 10.00am. Sr. Amala, Sponsor incharge



welcomed the Chief Guests and all the participants. Various cultural programmes and games were conducted for the children which made them cheerful and happy. Rev.Dr.Celestine, Consultant of CRS was the chief guest and he blessed the Crib and inaugurated the programme. CCDO addressed the children about Love for the poor,



caring and sharing with others. Christmas gifts was distributed to the children along with snacks and special lunch to all the children and to their parents.

### AWARENESS PROGRAMME

Special awareness programme was conducted by Asha Nivas 'SIRPI' Cultural troupe for the parents of the sponsored children in Otteri and Kannagi Nagar. The importance of children's education and the parents,



supportive role were emphasized through puppet show, awareness songs and skit was organised. The parents were asked to monitor their children's performance in school and to provide constant encouragement so that they will be motivated to become achievers. Nearly 300 parents have benefited by this programme.

### FAMILY VISITS:

Through regular visits to the families of the children, Asha Nivas tried to comprehend the status of the families, their financial capacity and the interests of the children. The parents and children shared their problems with us, which enabled us to advice and guide them through counselling. We encouraged them to accept the realities and to go through their day to day struggles without losing hope. We provided them with constant support and motivated the children to become proactive citizens of the society.

### SUMMER CAMP:

Asha Nivas conducted Summer Camp for the sponsored children in the age group of 6 – 17 years in the month of April 2024 with the aim to provide them with an opportunity to develop and build-up their capabilities and

skills besides imparting knowledge on important topics about personal /environmental safety, holistic development and good manners. It was the perfect balance of learning, engagement and enjoyment. It was a chance for children to experiment, creative and build confidence in a low stress and fun learning environment.

The Summer Camp was conducted for three days in three different areas from I Standard to XII Standard under the theme “Child Care & Protection”. Nearly 500 children participated in this camp.

During the Camp Ms. Lilly Josephine, Chief Community Development Officer delivered a message that they should be happy, make others happy to know their own house address and to cultivate or nurture the habit of reading books. It was their day to exhibit their talents. The camp had three important sessions and two entertainment sessions.

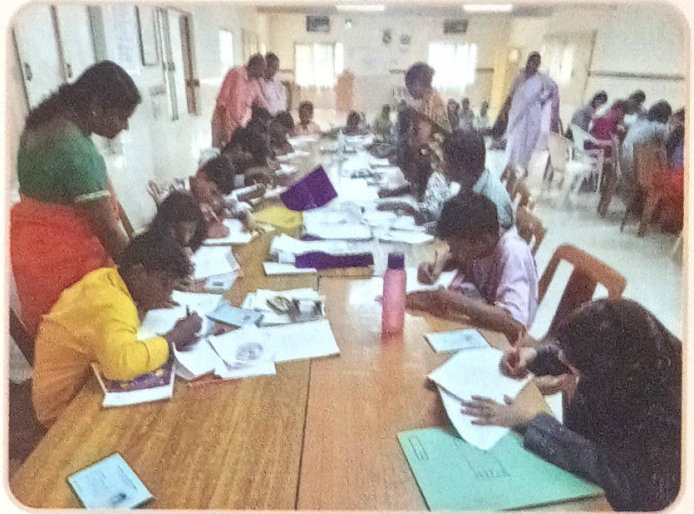
During the Valedictory function of each camp, medals were awarded to the children who had performed well and for their vigorous participation in the camp. Refreshments and lunch was provided to all the participants. All the sponsored children thanked Rev Dr Kurian Thomas,



Director and their sponsors wholeheartedly for their generosity in conducting the Summer Camp successfully.

### **LETTER WRITING:**

In the month of May, we organised on letter writing event for the sponsored children to write Annual Letters to their respective sponsors. Children happily participated to write and draw pictures. All the sponsored children from



various areas in R.A. Puram, Godhamedu, Otteri, Greams Road, Nagooranthottam, Kannagi Nagar, Chrompet, Thiruvalluvar Nagar, Perumbakkam and Vallavilai. All the children participated in letter writing and benefitted through financial support.

### **CONTACT WITH SPONSORS:**

The children receiving sponsorships feel encouraged and happy whenever they receive any correspondence from their sponsors through greeting cards and letters. Such communication exhibits the depth of affection and interest the sponsored parents have with a particular child. It also develops the strong bond of love and relationship between the sponsored children and their sponsors. Children wrote brief letters to all the sponsors in June, informing them about the excellent performance of each sponsored child in the examination which further encouraged the sponsors.

Asha Nivas also sends them photos of the children's family every alternate year. In the last academic year, 56 children appeared for the class XII Examination and all of them scored good marks. We express our sincere gratitude to all our sponsors for sustaining their support to fulfill the dreams of these children. Hand in hand with the sponsors and the parents, Asha Nivas makes every efforts to dare the children and to make their dreams turn into reality.

## WOMEN – VOICE OF THE UNHEEDED

### SELF-HELP GROUPS:

Asha Nivas Self-Help Groups serve to educate women about their strengths and help them realize their true potential. Here, women are trained in various skills, empowering them towards independence and self-empowerment. They receive capacity-building training to develop their leadership qualities, communication skills, and writing abilities. During the year we formed 525 new



Self-Help Groups, with 10,500 women becoming members of Asha Nivas Self-Help Groups. After 6 months, they were assessed, and credit linkage for external loans was facilitated by the NGO, enabling SHG members to become new entrepreneurs.

### Animators & Representatives Training Activities of SHGs

- Formation of SHGs
- Book Keeping training
- Skill Training
- Vocational training
- Capacity Building Training
- New Skill Development Training
- Credit Linkage
- Exhibition cum Sales
- Annual Day Celebration

### Formation and Strengthening SHGs:

Asha Nivas educates women on their rights and helps them realize their potential through Self-Help Groups (SHGs). They become economically sound through savings and internal loans. Training in maintenance of accounts, book-keeping helps them to update their records for their external credit linkage. Asha Nivas has formed 380 SHGs in collaboration with different nationalised bank like Indian Bank Microsate, Chetpet and Indian Bank, Thiruvanniyur.



The Spade work for the formation of new SHGs are Account opening, Group meeting, Records updating, Credit Linkage, Economic Activities, Recovery of loans and referring SHGs for Exhibitions and marketing.

### Credit Linkage:

Asha Nivas in collaboration with various banks in their areas like Indian Overseas Bank, Canara Bank, Chennai Cooperative Bank, Union Bank, BOI, Federal Bank, Dena Bank, ICICI Bank, IDBI, M.C.Bank, Bank of Baroda, Catholic Syrian Bank, HDFC Bank. 75 SHGs received credit linkage amount of 12 Crores for their economic activities. Women who live in the society with more economic freedom, enjoy gender equalities and encourage every woman in the nation to work towards gender equalities. Asha Nivas successfully run

# MICRO ENTERPRISES



Micro Enterprises which support their own family members, enables the women to understand the dynamic of SHGs.

### Micro Enterprises

- ❖ Textile business
- ❖ Sweet Stalls
- ❖ Ladies Auto driving
- ❖ Appalam Company
- ❖ Jewellery Boxes
- ❖ Briyani Centres
- ❖ Artificial flowers and garlands
- ❖ Canteens
- ❖ Various Plant saplings
- ❖ Sea-shell products
- ❖ Leather items
- ❖ Soda factory
- ❖ Xerox & Print-out shop
- ❖ Medical Laboratory Unit
- ❖ Ladies Hostel
- ❖ Artificial Jewel making



### Referring Exhibitions for Marketing SHG Products:

Coordinating with nationalised banks and with other NGOs, SHG products joined the exhibition cum sale.



When the SHGs go to banks for depositing their money or loan repayment, they get permission from Manager or the

person incharge to put up a stall in the bank, they sell their products to network with other NGOs staff members.

Every year during festivals and celebrations, at various banks like Indian Bank, I.O.B & C.C.Bank they coordinate with the SHGs members and conduct exhibitions in their campus during festivals like Navarathri, Ayudhapooja and Deepavali. The customers who come to bank show their enthusiasm and buy the products what they want from the SHGs and maintain a good relationship with bank management and customers by canvassing and they are connected with other new members.

### Job Placement:

Asha Nivas always refers the young girls and women who like to work and want to update their skills to skill updating training, followed by Job placement. Likewise 25 young girls from various areas underwent training and are placed in jobs in private sectors.

### Mathru Bhavan:

Asha Nivas organised Mathru Bhavan called as 'Thiyaga Archana for hunger free India'. We gave awareness to the public to come forward and support the Mathru Bhavan. Many of the SHG members and volunteers eagerly came forward and distributed food to the poor children as one meal a week, which is called as a 'Mathru' Mother who serves the food for the children in particular areas. This year we have conducted 69 programmes in our targeted areas where 2265 children were benefitted by this programme.



### **Awareness Programme on new entrepreneurs:**

Conducted Awareness programme in Kannagi Nagar and Thiruvalluvar Nagar regarding new life project - 'Pudhu Vazhvu' about the new schemes for SHG members mainly SC,ST, BC people. Government officers explained the project and the opportunities and how they can apply was clearly explained. 250 Self-Help Group members gained knowledge about new life project - 'Pudhu Vazhvu'.

### **FOOD FESTIVAL PROGRAMME:**

We held a food festival on 9th October featuring the Nava Dhaniya Food Festival organized by 25 SHG members. The aims were to:

- Regenerate traditional cooking methods and their benefits.
- Use low-cost materials to prepare nutritious food.
- Prepare food without oil to reduce expenses.

Exhibition was conducted on varieties of low cost food preparation competition. Nutritious varieties of food and organic food were prepared by SHG members enthusiastically.

Mr. Karunakaran, Manager from Cooperative Bank, Mrs. Kamalambal, Leader of SHG Federation and Mr. Joel, Programme Coordinator of World Vision of India were

the special guests who evaluated the preparation of food and distributed prizes to the best winners. At the end of the programme food was distributed to all the participants.

### **Distribution of Tailoring Machines to SHG members:**

Asha Nivas conducted a programme at Asha Nivas Community Centre, Thoraipakkam to distribute Sewing machines to the deserving SHG members who were



identified by their poor economical livelihood and who are immensely in need of sewing machines. Mr.T.C.Karuna, Local leader was the chief guest and addressed the gathering and gave importance of the livelihood and gender equality. Sr.Jenustus and Sr.Jeyamary, Ms.Vimala and all staffs attended the programme and 13 sewing machines was distributed to the deserving SHG Members.



Asha Nivas Staffs

## Pongal celebration

Samathuva Pongal was celebrated in all our targeted areas at Ottery, Debar Nagar, Nagooran Thottam, R.A.Puram, Chrompet, MGR.Nagar, Santhome, Sreevaram, Thoraipakkam, Saidapet and Chetti Thottam. Samathuva



Pongal was prepared by SHG members, Rangoli and games was organised by the SHG leaders. Prizes and gifts was given to the winners. Sweet pongal was distributed to all the participants.

## Independence Day Celebration:

Independence day was celebrated in our target areas. The community people, youth, women and children along with local leaders and dignitaries participated in the celebration. Educational materials and kits were



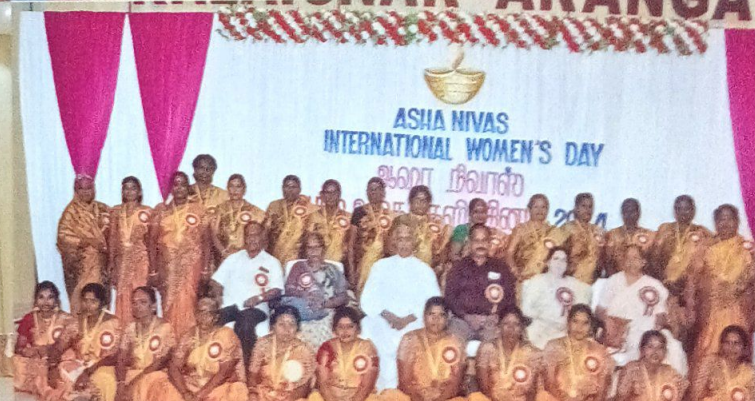
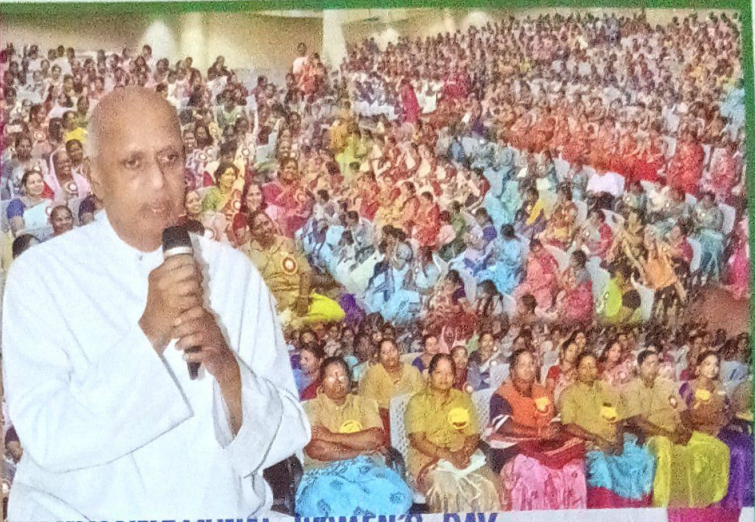
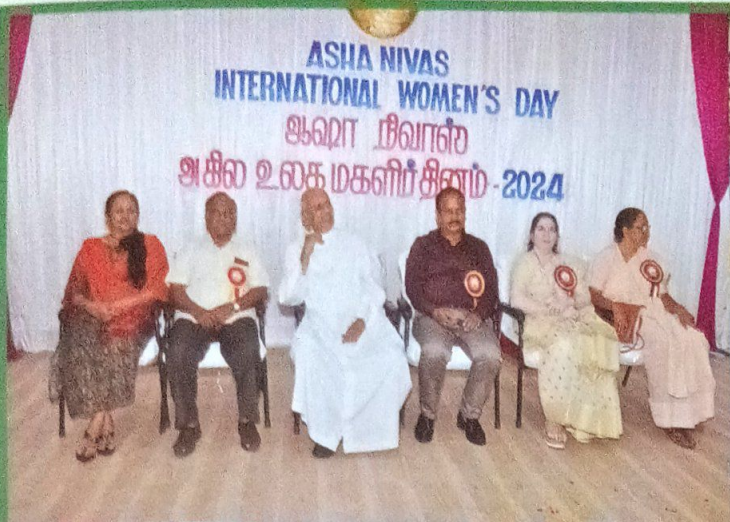
distributed to all the school going children along with sweets and snacks to all the children and the participants.

## Annual Day:

Every year SHG members celebrate the Annual Day with their neighbour groups and special guests like Manager, NGO staffs and other leaders. On that day they will share the experience of growth, they bring out their talents by performing dance, skit, songs and competitions. Everyone share their gifts, snacks and food items among themselves and enjoyed the annual day happily.

## International Women's Day:

Asha Nivas celebrated International Women's Day on 9<sup>th</sup> March 2024 at Kalaingar Arangam, Teynampet, Chennai from 09.30am onwards. Rev Dr Kurian Thomas, Director of Asha Nivas welcomed the chief guests and the gatherings. The Annual Report was presented by Ms.Lilly Josephine, Chief Community Development Officer. The Chief guests were Ms.Geetha, Social Activist of Unorganised workers Federation addressed about women achievements in social status, women's unity in society and women's protection at home and in public. Mr.T.Pandiyan, Senior Manager of Indian Bank Microsate, Chetpet, felicitated the SHG members and appreciated Rev Dr Kurian Thomas, Director for helping the SHGs run by Asha Nivas addressed along with Fr.Felix, Sr.Rosily and other dignitaries. Awards were distributed to 40 SHG women auto drivers and 20 women achievers. Rev Dr Kurian Thomas presented Rs.10 lakhs to CCDO as revolving fund to 200 SHGs for their socio economic activities. Vote of thanks was given by Ms.Cecily Sagayam, Coordinator. The programme came to an end by distributing special gifts, food and refreshments to all 1500 participants.



# YOUTH – CHALLENGE OF OUR NATION

Youth is the embodiment of energy and enthusiasm. They are charged with power and good will. Nevertheless these potentials buried in themselves are often untapped and not productively used for any social changes.

However youth express their willingness to commit themselves to social cause and to do something for the society they live in. Yet they do not know what to do and how to go about. Neither do they have a role model to follow nor is there any one with broad out-look to understand, to guide and to encourage them. Thus most of our youth drift along without any direction and lead uncommitted lives.

## Youth Groups:

We orchestrate and organise youth groups in such a way that they feel important and their contribution towards the development of the society carries significant weight.



Thus in collaboration with youth we formed youth groups or youth associations in the areas. At present we have 397 youth groups, 6800 youth were strengthened through monthly meetings and motivational training programmes.

## Motivational training for youth:

The resources of the youth is indispensable for the integrated development of the society. Therefore the contribution of the youth towards the progress of the society cannot be side lined or ignored. Thus it is imperative, to involve the youth at grass root levels who



can effect social changes for better in the process of developing their own potentials to the fullest by conducting monthly meetings, regular orientation programmes on leadership and personality development on sensitive topics like sex and sexualities, drug abuse and HIV / AIDS.



## Job placement

The unemployed and under-employed youth in our operational areas are helped and guided for better jobs explaining about youth activities and youth education. The concerned coordinator regularly approach local companies, industries, hospitals and institutions in order to provide optional jobs for our youth. This in turn cements our rapport in the areas where youth volunteers to do service and involve in social activities, youth education and behaviours.

## Job Placements for Youth

Name	Area	Occupation
Mr. Joshuah	S.S.Puram	Representative in Medical Company, at Valsarawakkam
Mr. Manikandan	S.S.Puram	HDFC Bank, Villiwakkam
Mr. Naresh	Vysarpadi	Salesman in Private Company, Vysarpadi
Ms. Nandhini	Vysarpadi	Accountant in Finance Company, Vysarpadi
Mr. Shanmugam	Otteri	Apprentice, in Industrial Estate, Ambattur
Mr. Manickam	Nungambakkam	Physiotherapist in Kodambakkam
Ms. Swetha	Nungambakkam	Accountant in Private Company, T. Nagar.
Ms. Divya	Nungambakkam	Accountant in Private Company, T. Nagar
Mr. Levin	R.A.Puram	Apprentice, in Industrial Estate, Ambattur
Ms. Linda	R.A.Puram	Apprentice, in Industrial Estate, Ambattur
Ms. Srimathy	Saidapet	Computer Operator, I.T.Company. Paryys
Ms. Pavithra	Saidapet	Computer Operator, I.T.Company. Paryys.
Ms. Gayathri	Thiruvalluvar Nagar	Internship, I.T.Company, Paryys.
Ms. Revathy	Thiruvalluvar Nagar	Internship, I.T.Company, Paryys.
Ms. Arthi	Thoraipakkam	Teacher, Private School, Thoraipakkam
Ms. Kalyani	Thoraipakkam	Nurse in Nurse training college, Thoraipakkam
Ms. Kannagi	Thoraipakkam	Fast Food Preparation
Ms. Uma	Thoraipakkam	Fast Food Preparation
Ms. Rajathi	Thoraipakkam	Fast Food Preparation
Ms. Malliga	Thoraipakkam	House Keeping in Private Company, Paryys
Ms.Chitra	Thoraipakkam	House Keeping in Private Company, Paryys
Ms. Anandhi	Thoraipakkam	House Keeping in Private Company, Paryys
Ms. Karpagam	Thoraipakkam	House Keeping in Private Company, Paryys
Ms. Backialakshmi	Thoraipakkam	House Keeping in Private Company, Paryys
Ms. Prema	Thoraipakkam	Internship, I.T.Company, Paryys.
Mr. Karthicj	Thoraipakkam	Internship, I.T.Company, Paryys.
Ms. Nanditha	Thoraipakkam	Internship, I.T.Company, Paryys.

## Youth Contribution in distribution of Educational Materials:

On 26th January 2024, during the celebration of Republic Day at Thiruvalluvar Nagar, the youth group at Thiruvalluvar Nagar came forward and distributed educational materials like note books, pen and pencils, pencil boxes etc to the children. Mr. Bharani the Youth leader gave a motivational talk and distributed educational materials 25 children. Ms. Saraswathy, Community Organiser, organised the programme very well. Snacks were distributed to all the children.



## HEALTH – AN INTEGRATED APPROACH

Asha Nivas takes charge of the health and well being of the people in the slums as well as others who are in need, so that they can live longer and healthier and enjoy the fullness of life. The mission is to deliver health care by people centric and community oriented programmes. According to the World Health Organisation (WHO), Health is a state of complete physical, mental and social well-being. Asha Nivas is committed to help the community as a whole, particularly the high risk groups to learn all about HIV/AIDS and its problems and risk sectors including alcohol and drug abuse. Youth groups, women and street children are the target population. Children in regular schools, child parliament, shelter homes and Drop-in-centre were the beneficiaries of the HIV/AIDS prevention programme. These groups were sensitized and were given awareness training programmes on hygiene, environment cleanliness and sanitation. Asha Nivas conducted the following awareness programmes.

- Periodical medical check-ups
- Medical camps
- Referral services
- Sexual health intervention programme
- Health education through awareness talks, puppet shows and street plays.
- Medical check-up for pre-school children and shelter home children.

### Medical Check-up

Medical check-up is a must to keep the children free from diseases. When they are coupled with health education they serve to keep the children healthy and free from sickness. This year Asha Nivas conducted 20 medical check-ups for our shelter home children and our pre-



school children with the support of 'SAI Hospital' and Government Hospitals.

### Medical Camps:

Asha Nivas in collaboration with 'Work Hard Foundation', Sankara Nethralaya Eye Hospital, Gremaltes Hospital, M.N.Eye Hospital and Chennai Corporation organised different types of medical camps for the children, woman, youth and community. These camps were considered to be enriching and benefited the target people. It was also very helpful for people to alleviate their ailments and health problems. We have conducted 9 camps where 1316 people were benefited out of which 12 special cases were identified and cataract operation was done successfully.



Medical Camps	Area	Hospital	No.of. Beneficiaries
Eye Camp	Nochi Nagar	MCDC	162
Eye Camp	Kannagi Nagar	Sankara Nethralya	171
General Camp	Otteri	Chennai Corporation	216
Eye Camp	Chrompet	Gremaltes Hospital	112
Eye Camp	Nagooran Thottam	M.N.Hospital	182
General Camp and Vaccination for children	Otteri	Chennai Corporation	73
General Camp	Chrompet	Work Hard Foundation	128
General Camp	Kannagi Nagar	Work Hard Foundation	160
General Camp	Srinivasapuram	Work Hard Foundation	112
		<b>Total</b>	<b>1316</b>

### Sexual Health Intervention Programme:

In the current reporting period 2023-2024 Asha Nivas conducted sexual health intervention programmes for our shelter home children, Street children and slum girls. These training sessions gave a positive feed back from the children. Explanation was given on the functioning of various parts of the body, physical and mental changes occurring during the period of adolescence. HIV/AIDS and sexually transmitted diseases, sexual abuse and protective sexual relationship. This year we have conducted six programmes in our girls shelter home and in target areas.



Sexual Health Intervention Programme

Place	No.of. Participants
Girls Shelter Home	22
Girls Shelter Home	19
Debar Nagar	25
Kannagi Nagar	22
Gothamedu	20
Kannagi Nagar	28
Chetti Thottam	25
<b>Total</b>	<b>133</b>

### De-Addiction Awareness Programme:

Asha Nivas in collaboration with Tamil Nadu Health Department and TTK Hospital and Tamilnadu Urban Habitat Development Board, conducted an awareness programme at Kannagi Nagar, Ezhil Nagar, Seevaram, Mettukuppam, Thiruvalluvar Nagar, Dhideer Nagar and Gothamedu for SHG women, Pre-school parents, youth and other area people. Through this De-Addiction awareness programme the following objectives were explained.



- ❖ To provide adequate knowledge and information to the key informants who in turn will be of support during the intervention, treatment and follow-up.
- ❖ Nicotine is highly used among the adolescent group, this category of people can be helped as out patients treatment that will be set up in the community.
- ❖ Creating in depth awareness amongst adolescents on substance and alcohol and sensitizing them on the effects of addiction.
- ❖ Empowering the children on life skills, that will help them to emphasize themselves in challenging times.

- ❖ Empowering women to support their family members (Male patient) during the treatment, and also to provide treatment for women with their addiction issues (alcohol + nicotine) as an outpatient and inpatient treatment through camps.
- ❖ Medical and de-addiction camps are being planned in the community to bring in an awareness on addiction related health and overall wellness aspects

Asha Nivas conducted 16 awareness programme and 515 people gained knowledge.

### ANTI-DRUGS DAY

Every year, the International Day against Drug Abuse and Illicit Trafficking is observed worldwide on the 26th of June. This day raises awareness and educates people about drug abuse and the illegal drug trade. Asha Nivas observed Anti-Drugs Day with an awareness program on Monday, 26th June 2023, at Government Higher Secondary School, Kandhanchavadi, Perungudi, from 2:00 pm to 4:30 pm. Five hundred students and teachers participated in this program.

The day began with a drawing competition on the theme "Together, We Can Tackle the World Drug Problem," followed by a slogan writing competition on "Drug

Abuse, Chennai." The students eagerly participated in both the drawing and slogan competitions on how to prevent drug abuse. The program started with the Tamil Thai Vazhthu. Mr. Nambi Rajan, Assistant Headmaster of the Government Higher Secondary School, welcomed the Asha Nivas staff and the gathering. Ms. Saraswathi, Field Officer, honored Ms. Lilly Josephine, CCDO, with a shawl. Mr. Nambi Rajan and Ms. Magimai Rani, teacher-in-charge, were honored with shawls by Ms. Lilly Josephine, CCDO, Asha Nivas.

The Asha Nivas Sirpi Cultural Troop performed a street play on the topic of "Bothai Illa Pathai Selvom" (Navigating Life without Drugs). The students and teachers enjoyed the skit and awareness songs. Ms. Lilly Josephine, CCDO, addressed the children and appreciated them for their discipline and keen listening. One of the students courageously spoke about his role against drug abuse and was awarded a trophy. Trophies were also distributed to the top eight students for drawing and slogan writing. All the children interacted and gave their feedback. It was truly an eye-opener for their cautious alertness in life. The program concluded with a vote of thanks by Ms. Vimala, Coordinator. Refreshments were distributed to all the students and participants.



*You must not lose faith in humanity. Humanity is an ocean, if a few drops of the ocean are dirty, the ocean does not become dirty.*

– Mahatma Gandhi

## CULTURE AND COMMUNICATION – AWARENESS GENERATION

Creating awareness through well constructed programmes is an integral part of social work. It is an on going process. Culture and Communication department of Asha Nivas plays a vital role in giving awareness to the target people and general public at large.

To provide information and education for raising awareness on various issues thereby paving way for an informal society.

- ❖ Conducting various types of skill training to our staff.
- ❖ Cover a broad range of issues including those on general health awareness to Self-Help Groups and so on.

### Awareness Programme:

Asha Nivas conducted various important Awareness Programmes for the development of the target people including school going children, street children, SHG

women, Shelter home children, sponsorship children, SHG women and sponsor's parents and youth through its 'SIRPI' Cultural troupe through cultural activities like puppet shows, street plays, villupattu and rallies. This year we have conducted 41 awareness programmes with 11965 beneficiaries.



Name of the programme	Methods	No.of Programmes	No.of Beneficiaries
Importance on Education, Eradication of Child Labour & development of street children.	Puppet shows, Talks & debates	9	1,656
School Enrolment Drive	Rallies	5	7,000
Women empowerment and Domestic violence.	Talks & Debates	7	1,120
HIV/AIDS and Drug Abuse	Puppet shows, Talks & Debates	8	935
Child Rights	Puppet shows & Talks	3	560
Role of parents for the development of their children's education	Puppet shows & Talks	3	500
Child Marriage, Posco and child labour	Puppet shows & Talks	3	180
	<b>Total</b>	<b>41</b>	<b>11,965</b>

## Staff Training Programme:

Every month Asha Nivas gives various types of training programme to all our staff on different topics to build their life skills and managerial capacity which in turn is very useful to work more professionally and efficiently in their day to day activities of programmes for the people in the fields and in public.



## Topics for the training

- Formation of New Self Help Groups
- Characteristic of effective communication
- Psychosomatic Disorder
- Time Management
- Communication with young people
- Role-model of an efficient Pre-school teachers
- New development for Child Parliament.
- Characteristic of a Social Worker
- Games and Rhymes for Pre-schools
- Preparation of Pre-school syllabus and teaching aids
- Development on Self confidence
- Mobilization on local resources
- Strengthening on women Self-Help Groups
- Child psychology & Child Care
- Child Abuse
- Personality development

## Awareness Programme in collaboration with DCPU:

Asha Nivas in collaboration with District Child Protection Unit conducted special awareness programme for our sponsor parents, Shelter home children and Government Home Children at Kellys and Royapuram



by our 'Sirpi Cultural Troupe through Puppet Show in a very beautiful and explanatory performance on the topics on day to day activities covered in the puppet show related to children like Child Marriage, Child safety protection, details about Pocso Act and importance of children's education.



Area	No.of Beneficiaries
Boys Children Home, Royapuram, Children Chennai - 600 013	50
Samarpana, Boys Shelter Home, Ottery, Chennai 600 012	120 Sponsor parents and children
Girls Children Home, Kellys, Chennai - 600 010	100 Children

## HUMAN RESOURCE – OUR STRENGTH

Social changes are quite common in all societies. The lives of people are becoming increasingly complex due to the rapid progress in science, technology, social changes and politics. Nevertheless all these changes and progress in no way guarantee secured lives for people nor lead to no problem lives or economic freedom. Infact poor illiterates consume a lot of time before they adapt to any change. It is so obvious, when we look into the patterns of human relations in families, organisations and in societies. These changes are often demanding and at times more conflicting. Therefore there arise a great need to facilitate people competently to tackle all problems and help them to grow to their fullest ability. Asha Nivas directly involves in the society and implementing development programmes for human progress cannot but train its staffs on and on to deliver its goods effectively.

Keeping this in mind Asha Nivas concentrates more on staff training programme. It is infact an inbuilt strategy that enables the staff to acquire knowledge on various changes, problems and issues and competently facilitate the local people to confront, to adapt and to progress in their lives, Our grass root level workers are ever happy to equip themselves with modern techniques, training methodologies and information related to social changes.

Asha Nivas organised training programmes at different level on the needs.

- To strengthen the field level activities and programmes.
- To empower the target population at the individual and the community level.
- To make the community utilize the service rendered by Asha Nivas for their development.

This year four training programmes were conducted by different NGOs and Government Organisation.

Organised by	Programme	Venue	Participants
District Child Protection Unit	First-Aid Training	Chennai Collectorate Office	Ms.Maheswari Mr. Baskar
District Child Protection Unit	Bio-Energetic Balance	Chennai Collectorate Office	Mr. Vimal
District Child Protection Unit	Child Counselling	Chennai Collectorate Office	Mr.Vimal
District Child Protection Unit	Child Care Institution Counsellors training (CCI)	Anna Management of Institute, Adyar.	Mr. Vimal
Don Bosco Citadel	Migration Desk National Level	Citadel Office, Chennai	Sr. Jenastus Sr. Jeyamary
District Child Protection Unit	Child Rights	Chennai Collectorate Office	Mr.Bhaskar Ms.Maheswari Mr.Vimal Ms.Amudha Ms. Backia

## DOCUMENTATION, RESEARCH AND TRAINING – OUR CREDENTIALS

Documentation means the handling and organising scholarly materials for all types of users. It is primarily concerned with the specialized information scholarship and research. It is a vital part of our modern systems of graphic communication within the world of scholarship and an instrumental device to expedite the flow of recorded information within a group of specialists.

A documentation centre receives publication in any format, processes, preserves, summarises, prepares abstracts, indexes, compiles bibliographic and translate then when need. It help scholars to analyse and understand the deepest issues and root causes for the oppression and thereby assist them to organise themselves in order to gain greater power through united action.

As our main thrust in providing with integrated

development services like child development, women development self employment programme, health care system and consultation services a core collection of documents on the above areas has been acquired so that would be of use not only to the trainees, but also to the trainers.

### Field Work Training Students:

Asha Nivas being well rooted in social work has been training students on social work from national and international countries and encourages them to make a case study and gives them opportunities to pursue a career in social services. We have a good rapport with various Colleges in Tamil Nadu that offer the subject. This year ten Field work students from various colleges has been trained.



### Practical Training:

Name of the Student	Name of the Institution	Duration
Sr. Angel, Sr. Nithya & Sr. Uma	Gonzaga Convent, Pondicherry	31.11.2023 to 22.12.2023

### Concurrent Field Work

Name of the Student	Name of the College	Duration
Fr. Anantha Prabu S	Sacred Heart College, Thirupattur	08.05.2023 to 07.06.2023
Ms. Sona Sanjan, Ms. Dilshana P.V	Christ College, Irinjalakuda, Kerala	17.05.2023 to 27.06.2023
Ms. Thimona Esther D Ms. T. Rolanda	Madras Christian College, Chennai	20.06.2023 to 04.10.2023
Mr. S. Karthik, Mr. K. Gowtham	Dr. Ambedkar Govt. Arts College, Vyasarpadi, Chennai	13.02.2024 to 15.03.2024 13.02.2024 to 11.04.2024

### Orientation Programme for College Students:

Orientation is the process of introducing newly enrolled students to the organisation's responsibilities, co-workers and workplace which helps people to be more comfortable with their new roles, teams and departments making them aware of the organisation's expectation and policies. The significance of an orientation programme lies in its ability to:

1. Streamline the transition process for new hires  
Reduce initial anxieties and uncertainties with the organisation history, current undertakings and future plan.
2. Provides clarity about the organisation's expectation.
3. Foster service of belonging and confidence in organisation
4. Promote open communication skills between new hires and management.

29 students from the M.Sc. Criminology at Madras University came for an NGO orientation with their

faculty members. Ms. Lilly Josephine, Chief Community Development Officer, welcomed and addressed the gathering and explained the structure of Asha Nivas and how it coordinates with various governmental and non-governmental organizations for the development of the community. Mr. Susiayah and Mr. Kumar, CDOs explained about the activities. All the students gained experience and appreciated the work carried out by Asha Nivas.



## MICHAUNG CYCLONE RELIEF PROGRAMME

### Rehabilitation work in collaboration with Catholic Relief Services (CRS)

Asha Nivas in collaboration with Catholic Relief Services, (CRS) Michaung Cyclone Relief Emergency Programme was started from 04.12.2023. The immediate needs of the people were assessed by the field staff of Asha Nivas on personal hygiene and sanitary items. With the support of Catholic Relief Services (CRS), Asha Nivas emergency response started from 26th, 27th and 28th December 2023 to distribute the kits. Ms. Lilly Josephine, Chief Community Development Officer from Asha Nivas and Ms. Sanjana, CRS representative distributed non-food items like 2 mats, 2 towels, 2 bedsheets, 2 packs of sanitary napkins, 2 bathing soaps, 2 washing soaps and a sanitizer for 1350 households from the urban slums of worth of Rs.16,00,000/-.

In the second phase we identified dalit communities, marginalised communities and slum dwellers for 1900

households from mostly affected six areas like J.J.Nagar, Rajiv Gandhi Nagar, Chetty Thottam, Gothamedu, Vellachery and Seevaram for distribution of cash. On 2<sup>nd</sup> January 2024 we started distributing cash for Rs.2,300/- for each household through their respective bank account for 1900 households. Total for Rs.43,70,000/-

Finally to earmark the programme, on 8<sup>th</sup> January 2024. Around 30 physically challenged persons, female headed and most vulnerable people were invited and participated in this programme and received the identified cheques. The cheques were given by Rev. Dr Kurian Thomas, Director of Asha Nivas, Rev. Dr Celestine, Consultant of CRS, Ms. Jomey, Head of Office, South India, CRS and Chief Community Development Officer, Asha Nivas along with other staffs for providing support to 1350 households from the slums in Vazhaimma Nagar, Choolaimedu, Chetpet, Debar Nagar, Gandhi Nagar and Vasar Varadappa Street were benefitted for this distribution in the form of



Non-food items (NFI) kits for one week and aims to ensure that the affected families can meet their immediate survival. Needs through the provision of essential food supplies to adequately fulfil their daily nutritional requirements and essential hygiene items to follow safe hygiene practices.

### Rehabilitation work in collaboration with the Government and other NGOs:

Cyclone followed by heavy to very heavy rainfall inundated many districts and cities of Tamil Nadu, especially in the district of Chennai. Approximately 390,000 people have been severely affected in Tamil Nadu. Hundreds of houses have been damaged, 61,600 people took shelter in 411 relief camps in Tamil Nadu. Some areas remain inaccessible in the state, where people unable to reach assistance. Electricity, communication networks, and transportation were cut off in many areas for 3 days during the cyclone, due to water logging. Small NGOs have been distributing food packets and cooked food in affected areas but have not been able to reach more than a few hundred families. The Government has

declared relief amounts to families affected by the floods. Sanitary kits, food packets, and blankets have been distributed in several areas, but it has not reached to the most affected people. Though people were moving back home from camps, they were still reliant on community kitchens as they had lost their rations in the floods, and water logging had left their kitchens unusable. The worst affected populations are slum-dwellers and people residing in slum resettlement colonies. They have lost their belongings in the flood, and restoring to the normal is difficult for them even with the waters slowly receding from these areas.



## Distribution of Emergency Kits by Local Donors and Volunteers

Areas	Organisers	VIP's	Emergency Kits	No.of Beneficiaries
Sholinganallur	Ms.Joice & Ms.Ramani	Mr.Aravind Ramesh MLA	Rice, dhal, bread, water Bedsheet & towel	500
Ottery	Mr. Baskar & Ms.Maheswari	Mr. Sekar Babu, Minister	Sugar, oil, rice, dhal, bedsheet & towel	1200
Thiruvalluvar Nagar	Ms.Saraswathi,	Mr.Ganesan, Labour Minister & Mr. Aravind Ramesh, MLA	Oil, rice, dhal, bedsheet & towel	1019
Secaram, Perungudi	Ms.Ramani,	Mr. Arumugam, Secretary	Rice, dhal, bread, bedsheet & towel	500
Ambedkhar Puratchi Nagar	Ms. Saraswathi	Mr.Aravind Ramesh & Mr. Ganesh, Labour Minister	Rice, dhal, bread, bedsheet & towel,	1800
Thoraipakkam	Sr.Genestus & Ms. Vimala	Ms. Tamizhizhi Thangapandian, MP	Dry ration for Disabled people	200
Boys Shelter Home	Mr. Kumar Mr.Vimal & Ms.Maheswari	DCPU Office	Bread, biscuits, Tooth paste, brush, bedsheet & towel.	50
Debar Nagar Vysarpadi	Volunteers	Vyasar Thozhargal Association,	Rice bag, dhal, bread, oil, sugar, milk powder, bed-sheet & towel	200
			<b>Total</b>	<b>5,489</b>

### Relief work in coordination with Action Child Aid, Denmark:

The immediate needs of the people were assessed by the field staff of Asha Nivas as Household Kits like bed sheets, towels, mat and utensils As market functioning was disrupted, affected people did not have access to these items. With



the support received from Action Child Aid, Denmark, Asha Nivas' emergency response started by providing support to 1350 households in the form of Dry ration/NFI kits to ensure that the affected families can meet their immediate survival needs provided kits including 2 mats, 2 towels, 2 bed-sheets and utensils. 1350 households including the sponsorship children from the slum areas of Ottery, Thiruvalluvar Nagar, Saidapet, Chrompet, Mylapore, R.A.Puram and Thoraipakkam were benefitted

from this distribution. The kits were distributed on 29<sup>th</sup> February and Completed on 2<sup>nd</sup> March 2024. The distribution of the above kit helped 1350 most deserving and needy families from the worst affected slums including sponsor children. The beneficiaries expressed their gratitude to 'Action Child Aid' Denmark on behalf of Asha Nivas, for their generous support and alleviate the suffering caused by the natural calamities in these slums.

## LIFE INSURANCE CORPORATION OF INDIA

*L*ife Insurance Corporation of India (LIC), is owned by the Government of India. LIC is a death assured payment of magnitude to an individual under consideration of certain deal of contract. LIC is a commitment of absolute faith and trust worthiness between individual and the insurance company, it is one of the biggest public sector corporation that takes care of future of a majority of the population of India.

The women in the slums of Chennai do not have any property or possession other than labour power for their day to day livelihood. This leaves them to a vulnerable destitution in the event of any natural or man made calamity, unexpected sickness, accidents or death. To

ensure stability in such an event, Asha Nivas has been promoting Life Insurance Policies for the slum dwellers. Asha Nivas a corporate NGO, has joined hands with Life Insurance Corporation of India to the poorest of the poor another weaker section of the society. The policy holders have started receiving maturity benefits. There are 317 policy holders with Rs.22,58,700/- maturity amount. We have received 14 Death Claim policies, totally for Rs.2,42,854/- to respective families. Follow-up of Insurance Policy of Micro Insurance, there are 5870 policies at present for the families of the weaker section of the people. Total number of policies as on today 84764 policy holders.

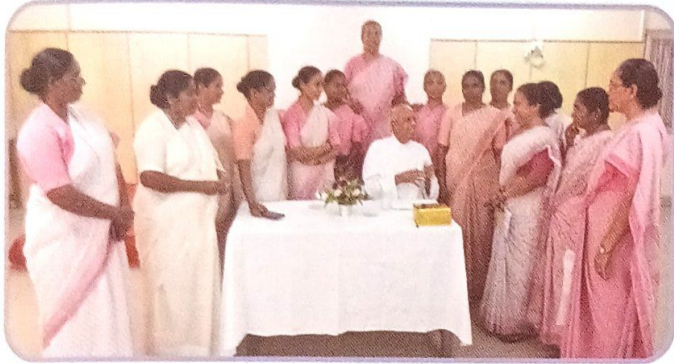
*The purpose of life is not to be happy, It is to be useful, to be honourable, to be compassionate, to have it make some difference that you have lived and lived well.*

*– Ralph Waldo Emerson*

*Be kind and gentle with yourself, You are a beautiful child of the universe, precious as the stars in the sky. Keep peace in your soul during the choos of life*

*– Chantelle Renee*

*N*ava Jeevan Vikas a secular Institute of Consecrated Life approved by the Ecclesiastical authorities for women who are committed to the poor and who want to dedicate themselves to the service of God and His people practicing evangelical counsels and living in small communities with the people in union with Christ, the Divine Master. Nava Jeevan Vikas is a secular Institute was founded on the tenet of 'Option for the poor' with



special focus on women living in difficult circumstances and children in distress. The main objectives of the Nava Jeevan Vikas Secular Institute is commitment to a life of prayers and service to the poor particularly to the



marginalized women, domestic workers, street children and child labourers both in rural and urban areas in the Southern State of Tamil Nadu, Kerala, Karnataka and Andhra Pradesh. Various programmes of Nava Jeevan Vikas are mentioned below.

### **SANADHANA SHELTER HOME FOR GIRLS:**

The main objectives of this home is to provide shelter to girl street children who are migrated and runaway from rural areas due to disintegration of families, utter poverty, loss of parents, domestic violence, drought and attraction to urban life. There, we also have a Formation House for



the young candidates who aspire to become religious sisters to work for the poor and the needy.

### **ASHA NIVAS WORKING WOMEN'S HOSTEL – METHA NAGAR**

It has been established with the grant-in-aid from Ministry of Human Resources, New Delhi, for the noble



cause of catering a working women's Hostel for women who are in need of Shelter, care, food and protection. It provides accommodation to the middle and lower class women from in and out skirt of Chennai City.

### **SAMARPANA BOYS SHELTER HOME – OTTERI**

This home caters to the needs of the boys street children. They are given orientation, proper guidance and



counselling to the boys who had been engaged in anti-social activities, roaming in unhygienic condition and who suffered due to poverty and loss of parents. The boys are counselled and either rehabilitated or sent to regular schooling. They are also trained in skill and vocational training in work-shop situated in the same premises.

### ALL WOMEN'S SERVICE CENTRE – KELLYS

It has been established for a large number of working women who are in need of care and protection, safety and security and above all a place for peace and serenity. The service centre provides accommodation for working women under care and protection. This centre also provides regular trainings for the women and young girls on various activities of programmes.



### COMMUNITY SERVICE CENTRE – THORAIPAKKAM

This Community Centre is established mainly to help the victims of 'Tsunami affected people'. This Community Centre also provides accommodation, care and protection for women who are coming to work in the city from far villages and out skirt of Chennai City. This centre also runs Pre-Schools, Coaching Centres, and Non-Formal Education for children at Kannagi Nagar. The staffs in this centre helps in forming Self-Help Groups for women, Anti-Alcoholic Group for men and youth. This



centre organized periodical vocational trainings and helps them to find suitable jobs. In collaboration with other NGOs the staffs conducts several awareness programmes for children, women, men and youth.

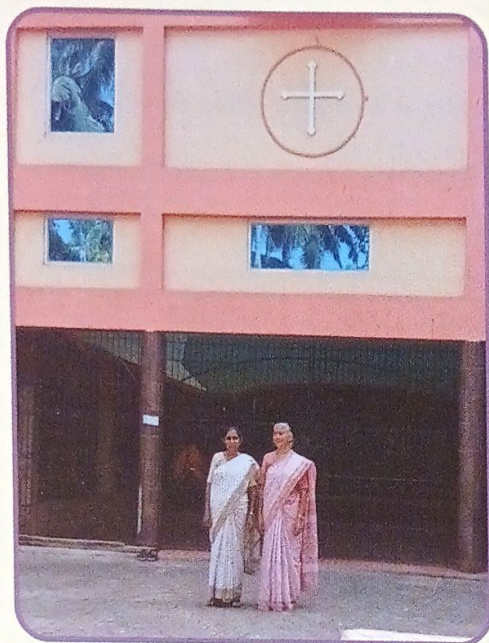
### Hair Donation Programme for Cancer Patients.

"Gift Hair Gift Confidence", our signature campaign, is aimed and encouraged the underprivileged women, suffering from cancer across the country to step forward and avail treatment. In collaboration with the Adyar Cancer Institute, Chennai and other organizations, the campaign provided an end-to-end solution and conducted hair donation drive to wig making and distribution. In order to ease the transition of wearing wigs daily, orientation programmes were conducted on wig maintenance and usage, hairstyling techniques for simple hairstyles with wigs for the patients.

Sr. Jenastus, NJV, conducted this program with the support by Mr. Manikantan, Volunteer and Rev. Fr. Gabriel, Parish Priest from Kannagi Nagar. Six sisters from Nava Jeevan Vikas, fifteen women and three children totally 22 persons came forward and donated their hairs.

## ANIMATION CENTRE – VALLAVILAI, K.K. DISTRICT

The sisters are engaged in pastoral and social work in the eight parishes of the Thoothur Vicariate in the Archdiocese of Trivandrum, in collaboration with Trivandrum Social Service Society. Our target group is mainly the women and children in the fishing community in the area. Skill training, vocational training and employment oriented trainings are regularly conducted for the benefit of women, widows, physically challenged



persons and the poor in particular. Apart from this, training is given for candle making and rosaries to provide employment for the women. Besides, the sisters are responsible for the Anti-Alcoholic Group and Jeevan Jyothi Saving Schemes.

## NAVA JEEVAN BALA VIKAS MEDAHALLI – BANGALORE

In collaboration with Dream India Network, the children's home is provided with residential facilities,



formal education, counselling, extra – curriculum activities, drawing, reading books, essay writing, games and sports and outings to the nearby parks. The guardians of the children are invited for religious festivals and celebration days such as Republic Day, Independence Day, Ayudha Pooja, Deepavalli, Pongal, Christmas etc.

## COMMUNITY SERVICE CENTRE – HYDERABAD & SECUNDERABAD

Nava Jeevan Vikas Secular Institute runs a Shelter Home for Children and Working Women's Hostel at Habsiguda. There are 25 children brought to the home by Child Welfare Committee (CWC). We provide them food, shelter, education, health care, recreation, mental and psycho-social support and counselling. Besides we also provide Short Stay for women with safety and security. A



Tuition Centre is also conducted for the slum children. Two of our sisters are working with Montfort Social Institute and are engaged in issues of human rights, housing rights, advocacy, legal, domestic workers and unorganized workers and help them to live with dignity and self respect.

Apart from this, two of our sisters are working in the Cardinal's House, Secunderabad.

## NETWORKING – BUILDING RELATIONSHIP

- ➔ Archdiocese of Hyderabad
- ➔ Catholic Relief Services
- ➔ Central Social Welfare Board
- ➔ Centre for Women Development and Research
- ➔ Chennai City Police Department
- ➔ Child Line
- ➔ Collectrate of Chennai
- ➔ Corporation Health Centre
- ➔ Child Welfare Committee
- ➔ Department of Christian Studies, University of Madras
- ➔ Directorate of Social Defence
- ➔ District Child Protection Unit Dignity Foundation
- ➔ Don Bosco Yuvodaya, Bangalore
- ➔ Dream India Network, Bangalore
- ➔ Greater Chennai Corporation
- ➔ Gremaltes Hospital
- ➔ Human Rights Foundation
- ➔ Integrated Child Development Scheme
- ➔ Julian Health Centre
- ➔ Life Insurance Corporation of India
- ➔ Ministry of Women and Child Welfare, Government of India
- ➔ Montfort Social Institute - Hyderabad
- ➔ Monfort Community Development Service Chennai
- ➔ Nationalized and Scheduled Banks
- ➔ Railway Police
- ➔ REACH
- ➔ Rajasthan Youth Association (RYA)
- ➔ Sankara Nethralaya
- ➔ Special Juvenile Police Unit
- ➔ Tamil Nadu Women's Development Corporation
- ➔ Tamil Nadu Urban Habitant Development Board
- ➔ Tamil Nadu Voluntary Health Association
- ➔ Tamil Nadu State Social Welfare Board
- ➔ Tamil Nadu Social Service Society
- ➔ Tamil Nadu Child Rights Protection Network
- ➔ Trivandrum Social Service Society
- ➔ Udhi Eye Hospital

*Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for.  
We are the change that we seek.*

*– Barack Obama, former U.S. President*

## PARTNERS AND SPONSORS – WELL WISHERS



Action Child Aid	– Denmark
Ms. Chantal Toulouse and Sponsors	– Switzerland
Catholic Relief Services	– U.S.A.
Mrs and Mr Dominique Graz	– Switzerland
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Espoir et Parrainage	– Belgium
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Foundation De France	– France
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Mr. Thomas Machler	– Switzerland
Mr. Tove and Soeren Nielsen	– Denmark
Mr. Wolfgang Rechenhofer	– Greece
Deepam Charitable Trust	– Tamil Nadu
Mrs. Suguna Joseph	– Tamil Nadu

# OUR AREAS OF OPERATION

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	<b>I - TONDIARPET</b>					★	★	★	
1	VOC Nagar						★	★	
2	Pallavan Nagar		★					★	
3	Thideer Nagar							★	
4	V P Nagar		★		★				
5	Rajiv Gandhi Nagar					★	★	★	★
	<b>II - NEW WASHERMANPET</b>	★	★				★		★
6	Nagooran Thottam						★	★	
7	Balakrishna Street		★				★	★	★
8	Poondi Thangammal Street		★				★	★	
9	Vasarvarathappa Street		★				★	★	★
10	Desiya Nagar		★				★	★	★
11	Cross Road		★				★	★	
12	Sathuma Nagar		★				★	★	
13	Sivan Nagar					★	★	★	
14	Jeeva Nagar							★	
15	LG Colony		★				★	★	
16	Ashok Nagar								
	<b>III - ROYAPURAM</b>		★			★	★	★	
17	Rave I						★		
18	Rave II						★	★	
19	Model Line					★	★	★	
20	Parrys		★						
	<b>IV - PULLIANTHOPE</b>					★	★	★	
21	Periyar Nagar		★				★	★	
22	Sundarapuram		★				★	★	
23	Sivarajapuram		★				★	★	
24	Guruswamy Nagar		★				★	★	
25	Gray Nagar						★	★	
26	Ponnappan Street		★				★	★	
27	Rajathottam		★				★	★	
28	K.P.Park		★					★	★
29	P.K.Colony							★	★
30	Sathiyavanimuthu Nagar		★				★	★	★
31	Nagathamman Koil Street						★	★	
32	Sastri Nagar							★	★
33	Gandhi Nagar		★				★	★	
34	Kannikapuram						★	★	
	<b>V - MINT</b>								
35	Korukkupettai		★			★		★	
36	Kondithoppu							★	★
37	Bojurajan Nagar								
	<b>VI - OTTERY</b>								
38	Santhiyappa Street	★	★	★	★	★	★	★	★
39	S V M Nagar	★	★		★	★	★	★	★
40	Bangaru Street						★	★	
41	Bashiyam Street						★	★	
42	Selvaperumal Koil Street						★	★	
43	Bilkingten Street						★	★	
44	Choolaimedu		★					★	
45	K H Road							★	
46	Nammazhvar Pettai		★				★	★	
47	Pattalam		★				★	★	
48	Chinnababu Street						★	★	
49	Kosapettai							★	
50	Cooks Road							★	
51	Dasamahan							★	
52	Starances Road						★	★	
53	Vazhima Nagar		★					★	★

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	<b>VII - AYANAVARAM</b>								
54	Sayani							★	
55	Ponnuvelpuram		★					★	★
56	Bangaru Street							★	
57	Vasantha Garden							★	
58	ICF Railway Colony							★	
59	Bricklin Road							★	
60	Thekkakulam			★		★		★	
61	Nehru Jothima Nagar							★	
	<b>VIII - KELLYS</b>								
62	Medavakkam		★				★	★	★
63	Lockma Nagar						★	★	
64	Sanyacipuram						★	★	
65	Secretriate Colony							★	
66	Kilpauk Garden		★					★	
	<b>IX - KODUGAIYUR</b>								
67	Teachers Colony		★				★	★	★
68	Erukanchery							★	
69	Ponniyamman Medu							★	
70	Sharma Nagar							★	
71	Kannadasan Nagar							★	
72	Earikarai							★	
	<b>X - PERAMBUR</b>								
73	Jamaliya							★	
74	Mettupalaiyam							★	
75	Agaram		★					★	
76	Thiru-vi-ka Nagar							★	
77	Mangalapuram		★					★	
78	Eaganthipuram		★			★		★	
79	Rajiv Gandhi Nagar		★	★		★		★	★
80	Semanthamman Colony							★	★
81	Santhirayoki Samathi Street							★	
82	Venus							★	
83	Mathurswamy Madam							★	
84	Ramana Nagar		★					★	
85	Gowthamapuram							★	
86	Chinnakozhainthai Street							★	
87	Brindha Street							★	
	<b>XI - VILLIVAKKAM</b>								
88	Sidco Nagar							★	
89	Kallukadi							★	
	<b>XII - PUDTHUPETTAI</b>								
90	Police Quarters							★	
91	Puthupettai Market							★	
	<b>XIII - THOUSANDLIGHTS</b>								
92	Greems Road		★				★	★	
93	Mackeys Garden		★			★		★	
94	Modern School Road							★	
95	Wallace Garden						★	★	
96	G.A.A.Khan Street							★	
	<b>XIV - NUNGAMBAKKAM</b>								
97	Pushpa Nagar	★	★	★			★	★	
98	Jayalakshmiapuram		★					★	
99	Valluvarkottam		★			★	★	★	
100	Kakkan Colony							★	★
101	Vaikundapuram						★	★	
102	Kamarajapuram		★				★	★	
103	Seranipuram		★					★	★
104	Dharmapuram							★	
105	New Street							★	

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	<b>XV - KODAMABAKKAM</b>		★					★	
106	Subedar Garden		★				★	★	★
107	Nehru Street		★	★				★	
108	Choolaimedu		★			★	★	★	
109	Arcot Road						★	★	
110	Periyar Road							★	★
111	Mahalingapuram		★		★	★	★	★	★
112	Metha Nagar		★					★	
	<b>XVI - CHETPET</b>		★					★	★
113	New Bhoopathi Nagar					★		★	
114	Osankulam							★	
115	Pullapuram							★	
116	M.S.Nagar							★	
117	Dosspuram							★	
	<b>XVII - PURASAIVAKKAKM</b>		★		★	★	★	★	★
118	S.S.PURAM		★		★			★	
119	Salaima Nagar							★	
120	Ponnan Nagar							★	
121	Thideer Nagar		★					★	
122	Ponniyamman Koil Street							★	
123	Parathasarathi Street							★	
124	Kuyapettai							★	
	<b>XVIII - VYSARPADI</b>		★	★				★	★
125	Debar Nagar	★	★	★			★	★	★
126	J J Nagar		★				★	★	
127	Sathiyamurthy Nagar		★				★	★	★
128	Mullai Nagar		★		★	★		★	
129	M G R Nagar		★					★	
130	Thamothara Nagar		★					★	
131	Indira Nagar						★	★	
132	Samanthipoo Colony						★	★	
133	Malligaipoo Colony						★	★	
134	Udaya Suryan Nagar						★	★	
135	Nehru Nagar						★	★	
136	Kalyanapuram						★	★	
137	MPM Street						★	★	
138	Moorthinagar Street						★	★	
139	Sundarapuram							★	
140	Ganesapuram							★	
141	Desikanandhapuram							★	
142	B V Colony							★	
143	Chinnakolanthai Street							★	
144	Erukanchery							★	
145	Sharma Nagar							★	
146	Parrys							★	
147	Central				★			★	
	<b>XIX - CHROMPET</b>				★				
148	Sasthri Colony		★						
149	C L C Line		★				★	★	★
150	New Colony		★				★	★	★
151	Pammal		★					★	
152	Pozhichalur		★					★	
153	Mugalivakkam		★				★	★	★
154	Nagal Keni							★	
155	Pallavaram		★					★	
	<b>XX - RAJA ANNAMALAI PURAM</b>		★					★	
156	Keshavaperummalpuram		★					★	
157	Narayana Samithottam		★					★	
158	Valleswaran Thottam		★					★	
159	Dr. Radha Krishnapuram		★					★	
160	Alwarpet		★				★	★	
161	Annai Sathya Nagar						★	★	★
162	KVB Garden							★	
163	Shanmugapuram							★	
164	Mandaveli						★	★	
165	Madhavan Nagar						★	★	

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	<b>XXI - NANDAMBAKKAM</b>								
166	Ganapathi Colony							★	
167	Ramapuram							★	
168	Tulasingapuram		★				★	★	
169	Butt Road						★	★	
170	<b>XXII - ADAYAR</b>								
171	Indira Nagar							★	
172	Kakkan Colony							★	
173	Govindha Samy Nagar							★	
174	Rajamuthiyapuram							★	
	<b>XXII - THORAIPAKKAM</b>								
175	Kannagi Nagar	★	★	★		★	★	★	★
176	Ezhil Nagar	★	★				★	★	★
177	Mettu Kuppam							★	
178	Karapakkam							★	
179	Okkiyampet							★	
180	PTC Road							★	
	<b>XXIII - SHOLINGANALLUR</b>								
181	Gandhi Nagar							★	
182	Ponniyamman Koil							★	
183	Chemmanchery							★	
184	Perumpakkam	★	★	★		★	★	★	★
	<b>XXIV - SANTHOME</b>								
185	Pattinappakam					★		★	
186	Srinivasapuram		★				★	★	★
187	Mullaima Nagar						★	★	
188	Nochinagar						★	★	
189	Dooming Nagar						★	★	
190	Mylapore		★				★	★	
191	Karneeswarar Koil						★	★	
192	Vislachi Thottam							★	
193	Ayodhya Nagar						★	★	
194	Egambaram Street							★	
195	Nambikai Nagar						★	★	
196	Rajiv Gandhi Nagar							★	
197	Bharathi Nagar							★	
198	Bhavani Kuppam						★	★	
199	Meenambalpuram							★	
	<b>XXV - SAIDAPET</b>								
200	Godhamedu	★	★			★	★	★	★
201	Thideer Nagar		★				★	★	★
202	Salavayar Colony							★	
203	Mosque Street							★	
204	Samiyar Thottam					★	★	★	★
205	Kavari Nagar						★	★	★
206	Appavu Nagar						★	★	
207	Chinnaiya Thottam							★	
208	Thadandan Nagar							★	
209	Soodiammanpettai							★	
210	VOC Nagar							★	
211	Kothavalchavadi							★	
212	Chetty Thottam		★				★	★	★
213	Neruppumedu		★					★	
214	Jothiammal Nagar						★	★	
215	Jothithottam		★				★	★	★
216	Abid Colony						★	★	★
217	Syed Thottam						★	★	
218	Karani Thottam							★	
219	Vinayagapuram		★				★	★	★
220	Duraisamy Thottam							★	
221	Rathinam Thottam							★	
222	Jothi Ramalingam Nagar							★	

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	<b>XXVI - T. NAGAR</b>							★	
223	Jafrakhanpettai							★	
224	CIT Nagar							★	
225	Kannamapettai							★	
226	Arulayanpettai							★	
227	West Mambalam							★	
228	Annamaliyar Nagar							★	
229	Kamarajar Colony							★	
	<b>XXVII - GUINDY</b>		★					★	
230	Ekkaduthangal							★	
231	Ambal Nagar								
232	Mettupalayam						★	★	★
	<b>XXVIII - VELACHERY</b>		★					★	
233	Nehru Nagar							★	
234	Kamarajapuram						★	★	
235	Kannigapuram							★	
236	Maduvankarai							★	
237	Adambakkam						★	★	
	<b>XXIX - KANTHANCHAVADI</b>		★					★	
238	Santhiyappan Street							★	
239	K P K Nagar							★	
240	Burma Colony							★	
241	Kalainiyar Street							★	
242	Annai Sathya Nagar		★					★	
243	Taramani							★	
244	Periyar Nagar							★	
245	Mahathma Gandhi Street							★	
246	Bharathiyar Nagar							★	
247	Kamarajar Nagar							★	
248	Venkateswara Nagar		★					★	
249	Seevaram								
	<b>XXX - PERUNGUDI</b>		★				★	★	★
250	Senthil Nagar		★					★	
251	Maruthi Nagar		★				★	★	★
252	Anjugamammiyar Nagar							★	★
253	Sempon Nagar							★	
254	Kurinji Nagar							★	
255	Nanganallur							★	
256	Balaji Nagar								
257	Thiruvalluvar Nagar		★						
258	J.J. Nagar		★						
259	Shanthiya Nagar		★						
260	K.P.K. Nagar		★						
	<b>XXXI - NEW AREAS</b>								
261	Arumbakkam								★
262	Ennore								★
263	Shenoy Nagar								★
264	Kolathur								★
265	Ambathur								★
266	Thiruvattur								★
267	Puzhithivakkam								★
268	Madipakkam								★
269	Ullagaram								★
270	Mailai Balaji Nagar								★
271	Madipakkam								★
272	Guduvancherry								★
273	Thiruneermalai								★
274	Vadapalani								★
275	Sunambhu Kolathur								★
276	Palavakkam								★
277	Kottivakkam								★
278	Neelankarai								★
279	Enchambakkam								★
280	MGR Nagar		★						★
281	Nesapakkam								★
282	K.K.Nagar								★

# GEOGRAPHICAL PHASE

## LANDMARKS

